



*A PARISH FOR THE PEOPLE*

## QUEEN OF ALL SAINTS CATHOLIC CHURCH

NOVEMBER 26, 2023

### OUR LORD JESUS CHRIST, KING OF THE UNIVERSE

Blessed is he who comes in the  
name of the Lord! Blessed is  
the kingdom of our father David  
that is to come!

Mark 11:9,10



6603 CHRISTOPHER DRIVE  
St. Louis, MO 63129

**Parish Office Hours**  
Monday—Friday  
8:00 a.m.—4:30 p.m.

**Phone:** 314.846.8207  
**Email:** queenparish@qasstl.org

**Queen of All Saints School**  
**Phone:** 314.846.0506  
**Fax:** 314.846.4939

[www.qasstl.org](http://www.qasstl.org)

### SACRAMENT OF THE EUCHARIST SUNDAY MASS

Saturday 5:00 p.m.  
Sunday 7:30, 9:00, and 10:30 a.m., 12 Noon

### WEEKDAY MASSES

Monday — Friday 6:15 a.m. and 8:15 a.m.  
Saturday 8:15 a.m.

### EUCCHARISTIC ADORATION

Tuesday 9:00 a.m.—7:00p.m.

### PERPETUAL HELP DEVOTIONS AND BENEDICTION

Tuesday 7:00 p.m.

### SACRAMENT OF RECONCILIATION

Tuesday following the 6:15 a.m. and 8:15 a.m. Masses  
Tuesday 6:00 - 7:00 p.m.  
Saturday 7:30 a.m. - 8:00 a.m. and 4:00 p.m. - 4:45 p.m.  
Anytime please call the rectory.

**PASTORAL STAFF**

**PASTOR**

Father Michael Murphy  
314.380.4020  
murphym@qasstl.org

**SENIOR ASSOCIATES**

Father Ronald Hopmeir  
314.380.4021  
hopmeirr@qasstl.org

Father Frank D'Amico  
314.380.4021  
damicof@qasstl.org

**DEACONS**

Deacon Richard Schellhase  
314.846.8207  
Deacon Joseph Wingbermuehle  
314.846.8207

**ELEMENTARY SCHOOL**

**PRINCIPAL**

Ann Bender  
314.380.4025  
bendera@qasstl.org

**COORDINATOR OF  
RELIGIOUS EDUCATION**

Leslie Pollman  
314.380.4011  
pollmanl@qasstl.org

**PARISH SCHOOL OF RELIGION**

**DIRECTOR**

Leanne Buback  
314.380.4011  
bubackl@qasstl.org

**YOUTH MINISTER**

Anna McAndrews  
314.846.8207  
hacketta@qasstl.org

**LITURGICAL MUSIC**

Christopher Dunn  
314.846.8207 ext 509  
dunnc@qasstl.org

**CHILD SAFETY COORDINATOR**

Pam VonderHaar  
314.846.8207  
Vonderhaarp@qasstl.org



**MASS INTENTIONS AND READINGS**

**Monday, November 27**

*Daniel 1:1-6, 8-20/Luke 21:1-4*

**6:15 a.m.** Ruth & Mel Drysdale (†)

**\*8:15 a.m.** Victor Feldmann (†)

**Tuesday, November 28**

*Daniel 2:31-45/Luke 21:5-11*

**6:15 a.m.** Sylvesta Werner (†)

**8:15 a.m.** Joey Ovca (Birthday)

**Wednesday, November 29**

*Daniel 5:1-6, 13-14, 16-17, 23-28/Luke 21:12-19*

**6:15 a.m.** John Willette (†)

**\*8:15 a.m.** Virginia Samson (†)

**Thursday, November 30 - St. Andrew**

*Romans 10:9-18/Matthew 4:18-22*

**6:15 a.m.** Mark Purnell (†)

**8:15 a.m.** Ed Hingle (†)

**Friday, December 1**

*Daniel 7:2-14/Luke 21:29-33*

**6:15 a.m.** Sr. Kenneth Huelsing (†)

**\*8:15 a.m.** Virginia M. Meyer (†)

**Saturday, December 2**

*Daniel 7:15-27/Luke 21:34-36*

**8:15 a.m.** Alan Zeman (†)

**5:00 p.m.** Nancy Nelson (†)

**Sunday, December 3 - First Sunday of Advent**

*Isaiah 63:16-17/1 Corinthians 1:3-9/Mark 13:33-37*

**7:30 a.m.** Bernadette Godfrey (†)

**9:00 a.m.** Ken Holt (†)

**10:30 a.m.** June Hacker (†)

**12:00 Noon** For the People

\*Children's Mass

**Mission Statement**

*As members of Queen of All Saints Parish, we are a community united in the Catholic faith, nourished by the Eucharist, and sent to make Christ known to all through word and deed.*

**Sunday Mass (Live Video Mass Streaming)**

9:00 a.m.

10:30 a.m.

**Weekday Masses (Live Video Mass Streaming)**

Monday—Saturday

8:15 a.m.

**STEWARDSHIP**

**OUR LORD JESUS CHRIST, KING OF THE UNIVERSE**

*"...whatever you did for one of the least of my brothers, you did for me." – MATTHEW 25:40*

Most of us are generous when it's convenient for us. We are generous when we have the time or the money. But, real generosity is the opposite of that. It means giving of one's time, money, compassion, forgiveness or mercy when it's not convenient to us, when it's not on our schedule, but on the other person's timeline.

## FROM OUR PASTOR

## HOW WAS YOUR THANKSGIVING?

I don't have much to write about, my brain is still trying to process all the tryptophan from eating so much turkey. But the thought of food reminded me of a cooking video I made at my last parish during the Covid lockdown.

It lasts around 10 minutes and is a bit tedious to watch in parts. My associate pastor, Fr Nick Muenks made a cameo appearance in the very end to judge my cooking. A fun thing to do in order to stay interested is to count the number of items I touch after handling raw pork without washing my hands. Chef Gordon Ramsay would be SCREAMING in my face for that. It appears that the coronavirus is not what I had to worried about. Salmonella poisoning would have been a better bet. But don't worry, I reviewed the video and went back with my Clorox Wipes and sanitized everything I had touched including my tongue. I blame my carelessness on the latex gloves; they made me feel too safe. I'm not claiming to be another Bobby Flay, but the end result was edible.

You should only watch this video if you have nothing better to do. And by the way, it is rated R for violence. (I know that you cannot click on a link in a paper bulletin, but if you go to the online bulletin on the parish website, you can copy the link and paste it in the Google search bar or try typing the following link into the search bar yourself....good luck!)

<https://www.dropbox.com/s/sg1slhmrnq379k3/CookingShowFinal.mp4?dl=0>

-fr mike

**LIFE NIGHT TONIGHT**

Sunday, November 26<sup>th</sup>, 7:15-8:45pm in the youth room

Tonight we are continuing our series on the roles of Our Lady! Come on out to hear how she acts as an intercessor to us and to the whole world. Hope to see you there!

**TWO+ THIS THURSDAY**

Thursday, November 30<sup>th</sup>, 7:15-8:45pm in the youth room

Each Thursday we meet with the intention of growing closer to friends and growing closer to our Lord next to our friends. We spend time in prayer as well as time hanging out with pals and growing in community.



Students in third grade at QAS School participate in a creative writing project each year in which they compose a fictional story on the topic of their choice. Students then decorate a potato to represent the main character in the story. This student has decorated the potato as a priest! Our faith reaches across the curriculum here at QAS School!



**THIS WEEK IN OUR PARISH**

**SUNDAY: November 26**

- 10:00 a.m. **Blankets of Hope** - Cafeteria  
 1:00 p.m. **Baptism** - Church  
 7:00 p.m. **Men's ACTS Retreat Meeting** - Cafeteria  
 7:15 p.m. **Life Teen** - Youth Ministry Center

**MONDAY: November 27**

- 4:00 p.m. **CYC Volleyball Practices** -Gym  
 4:30 p.m. **Girl Scout Meeting Troop 1142** Church Hall  
 7:00 p.m. **Boy Scout Meeting** - Cafeteria  
 7:00 p.m. **RCIA Meeting** - ARC Room (Adult Resource Center)  
 7:00 p.m. **SVDP Meeting** - Church Hall  
 7:00 p.m. **Finance Council Meeting** - Rectory Basement

**TUESDAY: November 28**

- 9:00 a.m. **Eucharistic Adoration** - Church  
 4:00 p.m. **CYC Volleyball Practices** -Gym  
 6:00 p.m. **Women's ACT Retreat Mtg** - Church Hall  
 7:00 p.m. **Devotions** - Church  
 7:00 p.m. **ACTS Core Team Meeting** - ARC Room

**WEDNESDAY: November 29**

- 6:00 p.m. **PSR Classes** - Church & School  
 6:15 p.m. **First Reconciliation** - Church  
 8:00 p.m. **Basketball Practices** -Gym

**THURSDAY: November 30**

- 1:00 p.m. **First Reconciliation** - Church  
 3:05 p.m. **Baton** - Gym  
 4:00 p.m. **Basketball Practices** -Gym  
 7:30 p.m. **Celebration Singers Practice** - Church

**FRIDAY: December 1**

- 9:00 a.m. **Rag Ladies (SVDP)** - School Basement

**SATURDAY: December 2**

- 6:30 a.m. **Men of St. Joseph** - Church Hall  
 8:00 a.m. **Breakfast with Santa** - Cafeteria  
 8:00 a.m. **Basketball Free Throw Contest** Gym  
 12:00 p.m. **Girl Scouts** - Church Hall

**PRAY FOR THE SICK**

Mary Ann Amato	Gary Meadows
Bob Basse	Annie (Pozzo) Meahl
Pat Basse	Carmen Molett
Debbie Bayless	Greg Mueller
Susan Beckner	Kelly Mueller
Loretta Borchetta	Marie Murphy
Wendy Brown	David Murrell
Jerry Claywell	Rosemary Nagy
Patti Cruthis	Mary Beth Napoli
Gloria J. Davis	Chris Nelms
Tony Dedic	Jennifer Nesser
Ron Dieckmann	Ruby O'Driscoll
Ron Donze	Helga Ogent
Norma Esker	Jack Pfeffer
Carol Faust	Cynthia Pozzo
Delores Fleischmann	Kathleen Pozzo
Ruth Frahm	Neri Prichard
Jane Gacioch	Tim Rafferty
Jerry Garrett	Gerri Rebman
Pauline Green	David Rodgers
Ken Hagemann	Diane Romano
Nancy Hasenstab	Patricia Schmitt
Diane Jones	Logan Schneider
Pat Keller	Scott Sindelar
Bill Kerbler	Belinda Spencer
Steve Kohner	David Sullivan
Steve Laux	Kathryn Sullivan
Loretta Lewandowski	Karen Thaman
Noah Leyza	Will VonderHaar
Jason Loring	Michael Werschling
Michael Maniaci	Jeffrey Williams
Robert Massey	Linda Winston
Missy McMullen	Ronald Winston
Jerome McNamara	Bob Zaitz
Amy Meadows	

**CYC BASKETBALL SCOREKEEPERS & OFFICIALS**

Anyone interested in officiating or scorekeeping should contact Rob Gerber at 314-504-2463 or email [RobGerber@Kenrick.edu](mailto:RobGerber@Kenrick.edu).

Clinics are listed below:

November 26th - All Saints (St Peters), 1:30-3:00pm  
 December 2nd-Visitation Academy, 10:00 - 11:30am  
 December 10th-Our Lady of the Pillar, 6:30 - 8pm  
 December 29th - Vianney HS, 10:00 - 11:30am

The basketball referee test is available at:  
<https://playcyc.org/online-officials-testing/>



**REST IN PEACE**

Please pray for the repose of the soul of Geraldine Runge, mother of parishioners, Kathy (Kurt) Bauer.

May she, and all the faithful departed, rest in peace.

**BLANKETS OF HOPE**

**Blanket making is TODAY, November 26th from 10am-1pm, in the QAS cafeteria.** You can also drop off fleece blankets or any new or gently used blankets at the cafeteria during this time. We will be happy to pick up blankets from your home or you can drop them off at the QAS Rectory Office during business hours or any time at 2793 Brandenburg Lane. Please contact Therese at 314-605-4100 if you have any questions or need instructions. Thank you for your continued support of this ministry.



**BOOK OF THE DEAD**

The Book of the Dead will be in the main lobby of church during the entire month of November. You may record names of deceased loved ones at any time during this month. We hope everyone will remember in their prayers those who are listed. Persons named need not be members of the parish, nor is it limited to someone who passed away this year. In fact, you can repeat someone's name from previous years.

**NEW PARISHIONERS**

We welcome to Queen of All Saints parish Cijo and Anoopa Joseph and their family.

**BLOOD DRIVE**

**GOOD GIVING**

GIFT CARD OR DONATION TO AREA FOOD BANKS

**Queen of All Saints Parish, School & PSR**

**Sponsored by Knights of Columbus Council 10136**

**Sunday, December 3 8:00 am - 1:30 pm**

**School Cafeteria 6603 Christopher Drive**

Masks optional. Appointments required.

To schedule an appointment, scan QR code, call Chris Nelms at cnelms@hotmail.com, or go to bloodcenter.org/group, grp #9184





**SALAD DONATIONS NEEDED FOR ST. PATRICK CENTER**

Queen of All Saints collects bagged salads and bottles of dressing on the first Wednesday of each month. Please place your donations in the coolers on the front porch of 129 Staehle Ct. before 9:30 a.m. on the first Wednesday of each month. The need is always great as a meal for 250 homeless people is served every day.

For more information about this donation please call Sheila Treptow at 314-846-4015.

For more information about St. Patrick's Center meal program contact Katie Joseph at kjoseph@stpatrickcenter.org or 314-802-1976.

**SEEK24 ADORATION NIGHT WEDNESDAY, JANUARY 3, 2024**

Everyone in the Archdiocese of St. Louis is invited to join the SEEK24 Adoration Night for **FREE** at the America's Center. The evening features two keynote speakers (Dr. Edward Sri and Fr. Mike Schmitz) and a powerful time of Eucharistic Adoration. Visit <https://www.eventbrite.com/e/seek24-adoration-night-tickets-740994062187> for more information and to reserve your spot!

**SACRAMENT OF RECONCILIATION**

Please pray for our second graders as they prepare for the Sacrament of Reconciliation.

**PSR - Wednesday, November 29th at 6:15 pm**  
**Day School - Thursday, November 30th at 1:00 pm**

**BULLETIN DEADLINES**

12/3 Bulletin	Submissions due 11/27 by 11am
12/10 Bulletin	Submissions due 12/4 by 11am
12/17 Bulletin	Submissions due 12/11 by 11am
12/24 Bulletin	Submissions due 12/15 by 11am
12/31 Bulletin	Submissions due 12/22 by 11am

**BULLETIN SUBMISSIONS**

The bulletin deadline for articles is every Monday morning by 11am. This schedule changes for Holy Days and holidays. Please note the Bulletin Deadlines above when submitting bulletin requests. Please send your requests to queenparish@qasstl.org.

## QAS Home & School Association Holiday Fundraiser



We are partnering with Wiethop Greenhouses again, this time for poinsettias! Poinsettias will come in red, white, or pink. All pots will come wrapped in gold foil.

You may pick from 4-inch, 6-inch, or 8-inch pots.

POT SIZE	Available Colors	Plant Height	# Blooms Per Plant
<b>4 INCH POT</b> Poinsettia	Red, White & Pink	9" - 10" Tall	2 - 3 Blooms
<b>6 INCH POT</b> Poinsettia	Red, White & Pink	16" - 17" Tall	5 - 7 Blooms
<b>8 INCH POT</b> Poinsettia	Red, White & Pink	20" - 22" Tall	12 - 15 Blooms



Ordering ends December 1, 2023. We do have limited quantities, but if we sell out of what you are wanting, please email us at [qashsa@gmail.com](mailto:qashsa@gmail.com) and we will see if we can get more.

Poinsettias can be picked up from the school cafeteria Friday, December 8 between 2:00 - 6:00 PM.

Thank you for your support!

OFFERTORY

	Faith Direct 10/31/23	WeShare 11/12/23
Offertory	\$ 10,468.00	\$ 6,749.64
Loose	\$ 503.00	
Capital Improvement	\$ 15.00	\$ 1.00
Tuition Assistance	\$ 25.00	\$ 25.00
Saint Vincent de Paul	\$ 155.00	\$ 207.00
Friends for Life	\$ 40.00	
All Souls Day	\$ 60.00	
World Mission	\$ 95.00	
All Saints Day	\$ 60.00	

LITURGICAL MINISTERS - DEC. 2-3

	Presider	Lectors	Ushers
5:00 p.m. (Sat)	Fr. Hopmeir	Dave Horne Jackie Horne	Walter Foland Roberta Foland Mark Moore Maureen Moore
7:30 a.m.	Fr. Hopmeir	Jeff Kuchno Rebecca Froelke	Jeannine Sinak Bob Sinak John Reinhold
9:00 a.m.	Fr. D'Amico	Greg Tolcou Lori Dulle	Kathy Hoehl Barry Smith Volunteer
10:30 a.m.	Fr. Murphy	Bob Kremer Helen Fogarty	Sheila Florian Julie Hubert Stephanie McKelvey
12:00 p.m.	Fr. D'Amico	Megan Beck	Kathy Ewing Brian Redford Volunteer

FIRST SUNDAY OF THE MONTH  
**ROSARY CRUSADE**  
 SUNDAY, DECEMBER 3RD AT NOON  
 MONASTERY OF ST. CLARE

Advent Reconciliation  
 Weekend

DECEMBER 15  
 6 - 8 P.M.

DECEMBER 16  
 9 A.M. - 3 P.M.

St. Francis of Assisi Catholic Church  
 4556 Telegraph Rd.  
 St. Louis, MO 63129

W.I.N.G.S.  
 WIDOWS/WIDOWERS IN NEED  
 GATHERING SOCIALLY

Start your Christmas season by attending the **W.I.N.G.S Christmas party** on December 7th at Andres on Telegraph Road starting at noon.

- ♦ We will have a \$5 gift exchange.
- ♦ Bring it gift-wrapped.
- ♦ Please register & pay \$25 before 12/1.
- ♦ Checks should be made out to QAS Wings & can be mailed to Jackie McClanahan at 6908 Zaharias Court St., Louis 63129 or you can give cash or a check to other WINGS board members- Gerri Zeman, Marilyn Stroer or JoAnn Cassidy.

Contact Jackie at 314-392-3430

*We welcome all widows & widowers to attend these social events.*

PREVENT AND PROTECT STL

If you are a volunteer of ANY kind or an employee (church, school, sports, etc.) at Queen of All Saints and are not yet registered in the new system for Protecting God's Children, please do so ASAP.

- 1) It is mandatory.
- 2) It is free to you.
- 3) QAS will pay for your background check.

The new system is called Prevent and Protect STL.

To register, please go to

[www.preventandprotectstl.org](http://www.preventandprotectstl.org)

Enter the passcode stlprotect when prompted. Please complete ALL of the modules. Please contact Pam VonderHaar at [vonderhaarp@qasstl.org](mailto:vonderhaarp@qasstl.org). 314-846-8207 for assistance.





# Thank You

to ALL OUR SPONSORS!



*Fun Photo Events*





## Thank you to our Donors and Supporters!

18 North Central	Gianino Group Restaurants	Purina Farms
AAA Missouri	Glass Workbench	QAS Activities Association
ABELL DJ Company	Golden Hoosier	QAS Faculty & Staff
Abigail's Gift Boutique	Gourmet Giftbaskets .com	QAS Parents, Parishioners & Pastors
ABV Barrel Shop	Grafica Fine Art & Custom Framing	Raising Cane's
Across the Board Games	Grapevine Wines	Reinhold Electric
Addi Lu's	Grazeful Gatherings	River Rapids Waterpark
Agape Yoga Studio Beth Rugg & Sharon Kurt	Green Goose Consignments, LLC	RJ Meriage Photography
Agent Pest Control	Grey Eagle Distributors	Rockin' Jump Trampoline Park
All 4 YOU Medspa/Remy & Rose Boutique	Gus' Pretzel Shop	Rollercade Skate Center
Aloha Mini Golf	GymStars	Ryman Auditorium
Amigos Cantina	Hair Saloon for Men	Saint Louis Billikens
AmpUp Action Park	Handyman True Value Hardware	Saint Louis Symphony Orchestra
Amy Henry Interior Decorating	Healthcare Complete	Santa's Elves Holiday Lighting
Andre's Catering	Herbaria	Santino's Cigars & Cocktails
Andy's Frozen Custard	Hodak's	School of Rock - Kirkwood
Barron Gymnastics & Swim School	Holiday World	Season Spa & Salon
Bartolino's Family of Restaurants	Imperial Animal Hospital	Series Six
Basler, Ron & Mary	Jake's on Main - Life is Good St. Charles	Shivers
Bentley Studio, Ltd.	Jazz St. Louis	Six Flags St. Louis
Bertarelli Cutlery	JOY FM	So Natural Permanent Cosmetics & Spa
Big River Running Co	Just Me Apparel	Soccer Master
Big Shark Bicycle Co.	K-9 Grooming	St. John Vianney High School
Biggies	KIND Apothecary	St. Joseph's Academy
Blue Dahlia Designs	Kirkwood Pop Co.	St. Louis Cardinals
Breakout Games	Koho Boutique	St. Louis Casino Party
Bricks 4 Kidz	Kokomo Joe's	St. Louis Stars Soccer Club
Buff City Soap	Kraus Farms Equestrian Center	St. Louis University High School
Bumbershoot Aerial Arts	Kraus Farms Trail Rides	St. Mary's South Side Catholic High School
Cafe Telegraph	Kreis' Steakhouse	St. Pius X High School
Camp Ondessonk	Kruse Grimm Brix Florist	Starbuck's
Catholic Supply of St. Louis, Inc.	Lass & Laddie - A Children's Boutique	Straub's Fine Grocers
Cellar House	Le Macaron French Pastries	Studio Synergy Pilates
Chaminade College Preparatory School	Left Hand Promotions, LLC	Swing-A-Round Fun Town
Charles P. Stanley Cigar Co.	Lilly Pulitzer - Plaza Frontenac	TCL West Boutique
Checkered Cottage	Main Event	TGIFriday's
Christian Brothers College High School	Maroon/Guetschow Family	The Axe House
Climb SO ILL	Massage Envy	The Cleaning Authority
Cloverleaf Sports Lounge	Meramec Caverns	The First Tee Driving Range
Club Car Wash	Midamerica Hotels Corp./Burger King	The Golden Hoosier
Cold Stone Creamery	Missouri Historical Society	The Magic House
Cooper's Hawk Winery	Monsignor Henry Breier	The National WWI Museum & Memorial
Cor Jesu Academy	Morning Save. com	The Repatory Theater of St. Louis
Crown Ridge Tiger Sanctuary	Mr. Al Nadolny	The Sheldon
Crumb Cookies - South County	Myseum	The Teacher's Lounge
Crusoe's Restaurant & Croc's Sports Bar	Nerinx Hall	The Vault Luxury Resale
DeSmet Jesuit High School	Not Jaded Boutique and Tea Room	Three Kings Public House
Dewey's	Nothing Bundt Cakes	Time For Dinner, LLC
Dierberg's	Notre Dame High School	Tina Schuermann w/ Identity Salon & Spa
Donut Drive-In	Nottelmann Music Co.	Top Notch Axe Throwing
Drury Hotels	Oakville Butcher Block	Total Wine & More
Dulce Homemade Cristina Haggarty-Mejias	Oakville Sports Pub & Tap Haus	Two Ladies & A Bucket
Edele & Mertz Hardware Co.	Olde Town Spice Shoppe	Ultimate Ninjas
Elizabeth Steinbach w/ Revenge Salon	On Pointe Dancewear	Union Station Kansas City, Inc.
Enchanted Papier	Oriental Trading Co.	UpDown STL
Evolve Personal Fitness	Ozark Outdoors Resort	Urban Air Trampoline & Adventure Park
Fairway Automotive	P'Sghetti's	Ursuline Academy
Faust Family	Painting With A Twist	Victory Raceway
Favazza's Restaurant	Party Hop	Visitation Academy
Federhofer's Bakery	Party With Me Teepees	Walter Knoll Florist
Fitz's SoCo	Pauline Books & Media	White House Retreat
Freddy's	Perk It Up	Yellowstone Cafe & Lazy River Grill
Friends of QAS	Pet Supplies Plus	Yucandu Art Studio
Gateway Grizzlies	Pretzel Boys	
	PRP Wine International	



**STROKE SCAN PLUS**

## Vascular & Organ Wellness Ultrasound Screenings Queen of All Saints Catholic Church on Tuesday, December 12

Please call 832-437-7355 for your appointment.

### Do You Have Any of These Risk Factors?

High Blood Pressure ♦ High Cholesterol ♦ Family History of Stroke, Heart Attack, Aortic Aneurysms or Cancer  
Diabetes ♦ Atrial Fibrillation ♦ Obesity

The first symptom of a stroke IS a stroke! Early detection helps to save lives. Manage these controllable risk factors: smoking, unhealthy diet, physical inactivity, excessive weight, and alcohol consumption.



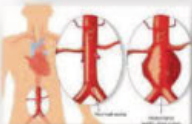
#### Stroke Risk Screening

Ultrasound of the carotid artery looking for plaque or blocked arteries.



#### Liver Screening

Ultrasound looking for physical lesions such as masses or tumors.



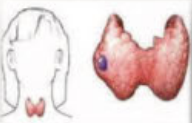
#### Abdominal Aortic Aneurysm Screening

Ultrasound of the abdominal aorta looking for an aneurysm.



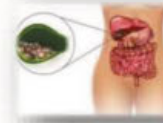
#### Kidneys (2) Screening †

Ultrasound looking for physical lesions such as cysts, masses, and stones.



#### Thyroid Screening †

Ultrasound looking for physical lesions such as nodules or cysts.



#### Gallbladder Screening †

Ultrasound looking for physical lesions such as polyps, stones, and sludge.

## Total Discounted Package: All 7 Ultrasounds for \$169

Appointments: 832-437-7355; † No substitutions or discounts allowed

### Additional Testing Available\* (not included in package cost)

- ♦ A1c (Diabetes) \$25
- ♦ Lipids/Cholesterol \$25
- ♦ VTD (Vitamin D) \$45
- ♦ PSA (Prostate) \$45
- ♦ TSH (Thyroid) \$45
- ♦ CRP (Cardiac/Inflammation) \$45
- ♦ COR (Cortisol/Adrenal Glands) \$45
- ♦ GGT (Liver Enzyme) \$45
- ♦ CRE (Kidney Creatinine Serum) \$45
- ♦ TTE (Testosterone) \$45
- ♦ Bone Density (T-Score) \$25

\*Bloodwork may not be available in all regions.



For blood package pricing, open phone camera, hover over QR code and tap the link.

### Screening Preparations

- ♦ Wear a two-piece comfortable outfit, no dresses.
- ♦ No food or caffeine 4 hours prior to screening.
- ♦ If you are diabetic, make sure to eat a light snack.
- ♦ No chewing gum before the exams.
- ♦ 8 hours fast if having the cholesterol test.
- ♦ **If you are taking medication, continue to take it.**

**Saving Lives Since 2001!**



Results read by a Board-Certified Radiologist and mailed directly to you in 3-4 weeks. Life threatening results expedited. Unless you are symptomatic, typically, your doctor will not order diagnostic versions of these screenings and insurance companies may not pay for them. Please note that there is a 350 lb. weight limit on the medical screening tables. Stroke Scan Plus [www.strokescan.com](http://www.strokescan.com) (ENG 060423)





HAPPY BIRTHDAY  
*Jesus!*

Celebrate the Real Reason for the Season  
While Supporting QAS' Class of 2024!

❄️ SATURDAY, DECEMBER 2ND ❄️



10:00 am-11:30 am

Queen of All Saints cafe



\$25 PER  
HOUSEHOLD



Live Nativity  
with Animals!

Donuts!

Crafts!

Photo Opps!

Reindeer Games!

Special Visit From Santa!

REGISTER USING QR CODE BY NOVEMBER 26  
CONTACT BUSHAMY@OUTLOOK.COM WITH QUESTIONS



# What is ACTS?

ACTS is more than an acronym referring to Adoration, Community, Theology and Service.

ACTS is more than fellowship with your fellow parishioners.

ACTS is soul food.

ACTS is a means of recharging your spiritual battery in a three night and three day retreat at the beautiful Mercy Conference and Retreat Center.

Women's Retreat Dates—Jan 11-14<sup>th</sup>, 2024.

Men's Retreat Dates—Feb 15 -18<sup>th</sup>, 2024.

Registration forms are available at the tables nearest the side exits and on the table in the main lobby of the church.

Questions or simply want to learn more?

Ann Behr (women's retreat)--(314) 805-0501

Kevin Shaughnessy (men's retreat)--(314) 709-8730

## ST. VINCENT DEPAUL SOCIETY

### CHRISTMAS SHARING PROGRAM

All the families have been adopted this year. Our thanks go out to all within the parish. We are truly blessed with the support that you show our programs.

The Giving Tree will be set up in the main lobby of the Church on the weekend of November 18. At that time, you will be able to take one or more gift tags off the tree, listing the specific item to purchase. These tags will range from clothing and toys to household items or gift cards. Boxes will be placed in the vestibule where Giving Tree gifts can be deposited as you purchase them.

This year all **UNWRAPPED** gifts for both parts of the program will be collected in the Church Hall the weekend of December 8, 9, 10. We will be in the hall **Friday, December 8th from Noon – 6:00 or Saturday, December 9th from 8:00 – 6:30 or Sunday, December 10th from 7:00 – Noon**. Members of St. Vincent DePaul Society will deliver all gifts. Thanks for your support.



To learn more about ACTS, please visit...

<https://www.actsmission.org>

<https://www.facebook.com/actsmissionsstl>

The ACTS (*Adoration, Community, Theology, Service*) retreat movement began in San Antonio, Texas, in 1997 and came to St. Louis in the early 2000's. It is now thriving in over 25 parishes with new ones joining every day. The ACTS weekend *inspires, encourages, challenges*, and so much more. It is put on by lay men and women for lay men and women with support from our parish priest. Take a *leap of faith*, put yourself in the hands of others. Enjoy some quality time away from your busy life and with Jesus, and *embrace the journey*. You will be glad you did!

Queen of All Saints men and women over the age of 21 are invited to our upcoming ACTS Retreat Weekends. This retreat offers the opportunity to get closer to our God, strengthen your faith and build lasting friendships among members of the parish community.

The retreat begins on **Thursday with check-in at 6:00pm at the Queen of All Saints Church**. Transportation will be provided to and from the retreat center. The retreat concludes at the 10:30am Sunday mass at Queen of All Saints Church. A lunch reception will follow. Approximately 7-10 days prior to the retreat, you will receive information describing what to bring with you for the weekend.

**RETREATANT:** A deposit of \$50 is requested to reserve your place with the remaining \$125 due at check-in. To register, please return your registration and deposit to the parish office. Please note: Financial difficulties should not prevent anyone from attending this retreat. If you wish to confidentially inquire about a scholarship, please contact Fr. Murphy at 314-380-4020.

## Men's ACTS Retreat

February 15-18, 2024

Mercy Retreat Center

Des Peres, MO

Men's retreat lead by

**Kevin Shaughnessy** - Director 314-709-8730

**Chris Lutker** - Co-Director 314-769-4307

## Women's ACTS Retreat

January 11-14, 2024

Mercy Retreat Center

Des Peres, MO

Women's retreat lead by

**Ann Behr** - Director 314-805-0501

**Lynn Hargiss** - Co-Director 314-706-6926

**Madonna Bogacki** - Co-Director 314-952-8947

Check one →

☐

Men's ACTS

☐

Women's ACTS

Name (as you want it to appear on your name tag)

Parish

Address, City, State, Zip

Email

Phone (best reachable)

Emergency Contact/Relationship

Emergency phone (best reachable)

Emergency Contact Address, City, State, Zip

Allergies and any physical, dietary, medical needs

Return registration form and deposit to:  
Queen of All Saints Parish Office  
Attn: ACTS  
6603 Christopher Drive  
St. Louis, MO 63129

Checks payable to: Queen of All Saints  
please write 'ACTS' in the memo

☐ \$50  
Deposit

☐ \$125  
pd in full



# **Santa Shoppe 2023**

## **VOLUNTEERS NEEDED!**

**This fun and festive event is returning to QAS this holiday season! The kids get to Christmas shop for their family & friends while we do the wrapping!**

### **Dates/Times:**

**Tuesday, December 5th (8:10–3:00)**

**Wednesday, December 6th (8:10–3:00)**

**Thursday, December 7th (8:10–2:15)**

**Sign up to help!**



**We need paper gift bags (all sizes), self-adhesive tags and tape! (please send to school office)**

**Questions? Contact Amanda Volansky,  
AVolansky31@yahoo.com**



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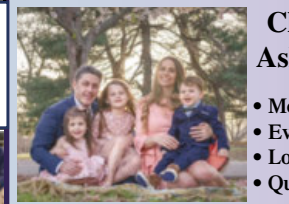
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